

Improving
lives and
communities.



**Health
First**

Outpatient & Wellness

SERVICES

www.Health-First.org

DIAGNOSTIC CARE

Health First Diagnostic Services range from our full-service laboratories to diagnostic radiology, ultrasound, mammography, breast biopsy and needle localization, computerized tomography (CT), magnetic resonance imaging (MRI), nuclear medicine and positron emission tomography (PET) scans, preventive heart scans, bone-density studies, EEGs, and EKGs.

Centralized Diagnostic Scheduling – 321.434.6100

Health First hospital-based, outpatient diagnostic services at:

www.Health-First.org/Diagnostics

- 1 Cape Canaveral Hospital**
701 W. Cocoa Beach Cswy.
Cocoa Beach
- 2 Holmes Regional Medical Center**
1350 S. Hickory Street
Melbourne
- 3 Palm Bay Hospital**
1425 Malabar Road NE
Palm Bay

Flexible
scheduling
options available.

Health First Diagnostic Centers

- 4 Merritt Island**
Health First Healthplex (east entrance; then to 2nd floor)
255 Borman Drive
270 Sykes Creek Parkway, Suite 100, 321.434.6670
- 5 Melbourne**
1051 S. Hickory St., Suite F
- 22 The Centre at Suntree**
6300 N. Wickham Road, Suite 101

MEMORY CARE

Health First Aging Institute
www.Eldercare.Health-First.org

- 9 Melbourne – 321.727.3370**
3661 S. Babcock Street
- 12 Merritt Island – 321.868.5815**
220 S. Courtenay Parkway, Suite B

East Central Florida Memory Disorder Clinic
www.ECFMDC.org

- 9 Melbourne – 321.768.9575**
3661 S. Babcock Street

Health First Leeza's Place
Alzheimer's Support

- 9 Melbourne – 321.951.7118**
3661 S. Babcock Street

Health First Caregivers Resource Line
321.727.3027 • www.Eldercare.Health-First.org

Providing valuable information and answers to community caregivers.

SPECIAL OUTPATIENT CARE

Health First Aging Institute

Special geriatric consultation for older adults.
www.Eldercare.Health-First.org

- 9 Melbourne – 321.727.3370**
3661 S. Babcock Street
- 12 Merritt Island – 321.868.5815**
220 S. Courtenay Parkway, Suite B

Health First Pain Management

- 1 Cocoa Beach – 321.868.7696**
701 W. Cocoa Beach Cswy., Cape Canaveral Hospital Medical Plaza, Suite 202
- 10 Palm Bay – 321.434.1700**
5191 S. Babcock Street NE

Health First Wound Management & Hyperbarics Center

Offering the latest in comprehensive wound management and hyperbarics care.

- 10 Palm Bay – 321.434.1788**
5191 S. Babcock Street NE

Health First Transfusion Services

- 10 Palm Bay – 321.434.1700**
5191 S. Babcock Street NE

Health First Sleep Centers

E: Sleep@Health-First.org

- 1 Cocoa Beach – 321.868.8381** (Located behind Cape Canaveral Hospital)
701 W. Cocoa Beach Cswy.
- 3 Palm Bay – 321.868.8381** (Located in Physician's Office Building – Palm Bay Hospital)
1425 Malabar Rd. NE, Suite 250

HOME MEDICAL CARE

Health First Home Care

Medicare and most insurance plans cover our home care services.

E: HomeCare@Health-First.org

- 12 Merritt Island (main office) – 321.434.5909**
200 S. Courtenay Parkway
- 13 Melbourne – 321.434.7300**
1912 Dairy Road
- Sebastian – 772.589.1930**
1623 Hwy. U.S. 1, Suite A-1 (not shown on map)

Health First Private Duty

321.459.1804

E: PrivateDuty@Health-First.org

Serving all of Brevard. Call for a free, in-home nursing consultation.

- 12 **Merritt Island**
220 S. Courtenay Pkwy., Suite C

Health First Home Companions

E: HomeCompanions@Health-First.org

- 12 **Merritt Island – 321.868.5818**
220 S. Courtenay Pkwy., Suite C

Health First Aging Institute

www.Eldercare.Health-First.org

Providers of emergency medical/alert systems, 321.868.5809

IndeQuest Nurse Case Management, 321.453.7100

MEDICAL EQUIPMENT

Health First Medical Equipment

E: MedicalEquipment@Health-First.org

- 20 **Melbourne – 321.434.3400**
129 West Hibiscus Blvd.

HOSPICE SERVICES

Hospice of Health First

321.952.0494

E: Hospice@Health-First.org

Licensed to serve since 1985. Specialized services for those with life-limiting or terminal illnesses and their loved ones.

- 12 **Merritt Island**
200 S. Courtenay Parkway
- 15 **Melbourne**
1900 Dairy Road

William Childs Hospice House

- 16 **Palm Bay – 321.434.8400**
381 Medplex Parkway

Bright Star Center for Grieving Children & Families

- 17 **Melbourne – 321.733.7672**
300 E. New Haven Ave.

FITNESS & WELLNESS

Health First Pro-Health & Fitness Centers

www.HealthFirstProHealth.org E: FitnessExperts@Health-First.org

- 18 **Melbourne – 321.434.7149**
611 E. Sheridan Road
- 4 **Merritt Island – 321.434.5801**
255 Borman Drive
- 7 **Palm Bay – 321.722.5943**
5270 Babcock St. NE
- 8 **Viera – 321.434.9149**
8705 N. Wickham Road

Click on the "Outpatient & Wellness Services" tab on the Health-First.org home page to find out more detailed information about our services.

Compassionate Outpatient & Wellness Services in Brevard County

(Please scroll up for additional Outpatient & Wellness Services; scroll down for our location map.)

Nutrition Education and Weight Management Services of Health First

- 1 **Cocoa Beach – 321.799.7178**
Cape Canaveral Hospital
- 2 **Melbourne**
Holmes Regional Medical Center, 321.434.72
- 18 611 E. Sheridan Road, 321.434.8745
- 4 **Merritt Island – 321.434.5815**
255 Borman Drive
- 3 **Palm Bay – 321.434.7213**
Palm Bay Hospital
- 8 **Viera – 321.434.9137**
8705 N. Wickham Road



REHABILITATIVE CARE

Health First Medical Rehabilitation

- 6 **Melbourne – 321.434.5231**
611 E. Sheridan Road, 2nd floor
- 4 **Merritt Island – 321.434.5820**
255 Borman Drive, Health First Healthplex (east entrance; 1st floor)
- 7 **Palm Bay – 321.722.5950**
5270 Babcock St. NE
- 8 **Viera – 321.434.9122**
8705 N. Wickham Road

PHYSICIANS AND REFERRAL SERVICE

Health First Physicians

For detailed information about our physicians, visit our website at www.HealthFirstPhysicians.org and click on "Health First Physicians", or call the **Health First Physician Referral** line.

Health First Physician Referral Line

321.434.4335 or 1.800.549.3884

TRAINING

Training Center of Health First

E: Training@Health-First.org

- 19 **Melbourne – 321.434.1960**
Rivercrest Professional Center, 3470 North US 1

WALK-IN CLINICS

Health First Physicians Walk-in Clinic

- 11 **Cocoa Beach – 321.868.8313**
105 S. Banana River Blvd.

Health First QuickCare

- 2 **Melbourne – 321.434.1735**
1350 S. Hickory Street

(Near South entrance of Holmes Regional Medical Center)

As Brevard County's most-trusted resource for health care, we want to make sure you — our neighbors — have access to the information you need to ensure a healthy lifestyle.

Call our Community Engagement Center at **321.434.4335**, or email us at Community@Health-First.org, for more detailed information about Health First.

Skilled and dedicated people
delivering exceptional quality and
experience. *Every person. Every time.*



We offer a full range of Outpatient & Wellness Services, community classes & events, support groups, and free *Healthy Happenings* lectures and events. For more details, visit www.Health-First.org/Events, or email us at Community@Health-First.org.

We're committed to improving the health of our community.

Please see the Health First Outpatient & Wellness Services listed inside for specific locations and contact information.